

Foster & Kinship Care Education August 2020 Class Schedule



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3	4	5 Self-Care for Caregivers 5pm-8pm Rob Hanna	6	7	8 Working with LGBTQ Youth in Foster Care 10am-1pm Sharonda Barksdale
9	10	11	12 Navigating the Court System 5pm-8pm Denetra Norwood	13	14 Trauma 101 4:30pm-7:30pm Rob Hanna	15
16	17 D-Rate 4pm-8pm (1) Sandra Smith	18 D-Rate 4pm-8pm (2) Sandra Smith	19 D-Rate 4pm-8pm (3) Sandra Smith	20 D-Rate 4pm-8pm(4) Diversidad Cultural 6pm-8pm Marisela Magana	21	22 Higher Education: Module 1 10am-1pm Sharonda Barksdale
23	24 Tarifa-D 4pm-8pm (1) Betty Lopez	25 Tarifa-D 4pm-8pm (2) Betty Lopez	26 Tarifa-D 4pm-8pm (3) Betty Lopez	27 Tarifa-D 4-8pm (4) Manejo de medicación 6pm-8pm Marisela Magana	28 Medication Management 4:30pm-7:30pm Denetra Norwood	29
30	31					

IMPORTANT INFO :

ALL CLASSES QUALIFY FOR B, W, D, F RATE AND RFA RENEWAL HOURS

All classes are now online, via Zoom
You must register for all classes. Please use the registration survey or [Click Here](#). Questions? email lacc-fostercare@lacitycollege.edu or text (323) 639-0155.

Instrucciones en Español
Por favor LLAME ó TEXTÍE al (323) 639-0155 o mande un mensaje a lacc-fostercare@lacitycollege.edu para registrarse, deje su nombre y numero de celular.

Cont.
Todas la clases serán ofrecidas por internet usando la pagina **Zoom**. Se le brindara mas información cuando se registre.

Workshop Title	Date/Time	Class Description
Self-Care for Caregivers	August 5 th , 5pm-8pm	Preventing burnout and compassion fatigue is key for resource parents. This workshop will discuss how you can take care of yourself.
Working with LGBTQ Youth in Foster Care	August 8 th , 10am-1pm	This training is designed to increase awareness of, and gain deeper understanding of and compassion towards LGBTQ youth that are in out-of-home care. Class will explain what sexual orientation is, what LGBTQ stands for, and how as caregivers we can provide a loving and care home for this diverse population.
Navigating the Court System	August 12 th , 5pm-8pm	Navigating the system can be confusing. This workshop will provide you with knowledge and tools on how to navigate the system including DCFS, and the court.
Trauma 101	August 14 th , 4:30pm-7:30pm	What is trauma? How does trauma affect the brain, development, feelings, and behaviors? How can we support a child that has experienced multiple traumas?
Higher Education: Module 1	August 22 nd , 10am-1pm	The purpose of this module is to empower caregivers to discuss the value of higher education with their youth and provide ideas for how they can play an active role in supporting their youth to college. For caregivers with youth in middle school or in the early high school grades, college can seem so far into the future that it can take secondary importance to more immediate concerns. Caregivers will learn the significance of early college exploration and preparation and key steps that they can take to help youth turn their dreams into degrees
The Importance of Medication Management	August 28 th , 4:30pm-7:30pm	As caregivers it is essential to know how to manage, store, and administer medications for the child. Class will talk about caregiver's responsibilities; managing psychotropic medications; use of over-the-counter medicine; medication logs; reporting to CSW and doctors.
D-Rate Certification	August 17, 18, 19 & 20, 4pm-8pm **YOU MUST ATTEND ALL FOUR CLASSES TO EARN D-RATE CERTIFICATION**	For Licensed Foster parents, relative caregivers, and legal guardians proving care for children who exhibit severe and persistent emotional and behavior problems. Information in counseling, psychotropic medication monitoring, special education child development and behavior management. D-rate introduction to child development focus is on understanding developmental changes and what is considered appropriate behaviors for each development stage

