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<th>Semester</th>
<th>Fall Year 1</th>
<th>Winter Year 1</th>
<th>Spring Year 1</th>
<th>Summer Year 1</th>
<th>Fall Year 2</th>
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<tr>
<td>HEALTH 011 HEALTH AND WELLNESS</td>
<td>To reduce units in primary terms, it is suggested to take a GE course (3 units)</td>
<td>ANAT 001 INTRODUCTION TO HUMAN ANATOMY</td>
<td>To reduce units in primary terms, it is suggested to take a GE course (3 units)</td>
<td>PHYSIO 001 INTRODUCTION TO HUMAN PHYSIOLOGY</td>
<td>To reduce units in primary terms, it is suggested to take a GE course (3 units)</td>
<td>BIOLOGY 003 INTRODUCTION TO BIOLOGY</td>
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<td>HEALTH 101 INTRODUCTION TO PUBLIC HEALTH</td>
<td>CHEM 060 INTRODUCTION TO GENERAL CHEMISTRY, Advisories: ENGLISH 028 and ENGLISH 067 and MATH 125 or CHEM 101 GENERAL CHEMISTRY I, Prerequisite: High school Chemistry or CHEM 060 and MATH 125 Advisories: ENGLISH 028 and ENGLISH 067 Also fulfills Area B1 and B3 requirement</td>
<td>MATH 227 STATISTICS</td>
<td>*Area A: Critical Thinking Suggested: ENGLISH 103 COMPOSITION AND CRITICAL THINKING (Prerequisite: ENGLISH 101, Advisory: ENGLISH 108) 3 units</td>
<td>**LIST A Choose one 3 units</td>
<td>*Area C1: Arts or Area C2: Humanities Choose any 3 - 5 units</td>
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<td>PSYCH 001 INTRODUCTION TO PSYCHOLOGY</td>
<td>Also fulfills Area B4: Mathematics/Quantitative Reasoning requirement</td>
<td>COMM 101 PUBLIC SPEAKING (Advisory: ENGLISH 101) or COMM 121 INTERPERSONAL COMMUNICATION</td>
<td>*Area A1: Oral Communication 3 units</td>
<td>*Area D: Social Sciences #3 Suggested: ECON 001 PRINCIPLES OF ECONOMICS I or ECON 002 PRINCIPLES OF ECONOMICS II or SOC 001 INTRODUCTION TO SOCIOLOGY Also fulfills List A requirement 3 units</td>
<td>*Area C1: Critical Thinking Suggested: ECON 001 PRINCIPLES OF ECONOMICS I or ECON 002 PRINCIPLES OF ECONOMICS II or SOC 001 INTRODUCTION TO SOCIOLOGY 3 units</td>
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**Semester Units:**
- Fall Year 1: 15 units
- Winter Year 1: 16 units
- Spring Year 1: 16 to 18 units
- Summer Year 1: As needed to reach at least 60 total units

**Major Units:**
- 33 units
- (19 units also fulfill GE requirements)

**General Education (GE) Units (39 unit minimum):**
- 43 to 47 units

**Additional Units:**
- 0 to 3 units

**Total Units (60 unit minimum):**
- 60 to 62 units

Students who feel they need additional support in order to be successful in English and math should see a counselor for information about support courses, tutoring services, and boot camps.

*For the complete list of CSU GE Breadth requirements, see the LACC Catalog, p.76. Area A2: Written Communication (English 101) and Area B4: Mathematics/Quantitative Reasoning should be taken within the first year. All other GE courses can be taken in any semester. If appropriate, English and Math can be taken in the same semester.*
**SUGGESTED ADDITIONAL COURSES FOR FULL CSU GE OR IGETC**

**Area 4: Social and Behavioral Sciences**

**Suggested:** Group 1 or 2 American Institutions

3 units each

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**LIST A: Choose one course:**

- **ECON 001 PRINCIPLES OF ECONOMICS I,** Advisories: ENGLISH 028, ENGLISH 067, and MATH 0125
- **ECON 002 PRINCIPLES OF ECONOMICS II,** Advisories: ENGLISH 028, ENGLISH 067, and MATH 0125
- **FAM&C 021 NUTRITION**
- **HEALTH 021 HUMAN SEXUALITY**
- **HEALTH 051 DRUGS AND ALCOHOL IN SOCIETY**
- **SOC 003 INTRODUCTION TO SOCIOLOGY,** Advisories: ENGLISH 028

3 units each