

Foster & Kinship Care Education April 2024 Class Schedule



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Spring Break	3 Spring Break	4 Spring Break	5 Spring Break	6
8	9 Dealing with Meltdowns and Tantrums 5:30pm-8:30pm	10	11 Clase en Español 6pm-8pm	12 Special Education and the IEP 6:00pm-9:00pm	13
15 SCI Training (1) 5pm-9pm	16 SCI Training (2) 5pm-9pm	17 SCI Training (3) 5pm-9pm	18 Incremento de Atención Especializada 5pm-9pm (1)	19 Incremento de Atención Especializada 5pm-9pm (2) Higher Education Module 2 6:00pm-9:00pm	20 Incremento de Atención Especializada 5pm-9pm (3)
22 Teens and Responsible Phone Use 5:30pm-8:30pm	23 Anger Management 5:30pm-8:30pm	24	25 Clase en Español 6pm-8pm	26 Foster Parents Working with Birth Parents 5:30pm-8:30pm	27
29 The Strong Willed Child 5:30pm-8:30pm	30 Teen Violence and Dating 5:30pm-8:30pm				

IMPORTANT INFO

[Click here to register for classes.](#) Click on "edit my responses" if you have already registered.
 Need class links? **Email** aguilaam2@lacitycollege.edu by 12pm, day of class.

Todas la clases serán ofrecidas por internet usando Zoom

[Haga clic aquí para registrarse para las clases](#) Prejuntas? LLAME al (323) 953-4000 ext 2335 o mande un mensaje a lacc-fostercare@lacitycollege.edu

LACC FKCE Class Descriptions | April 2024

Workshop Title	Date/Time	Trainer	Class Description
Dealing with Meltdowns and Tantrums (Renewal for RFA, W, and SCI-Specialized)	April 9, 2024 5:30pm-8:30pm	Denetra Norwood	Many children have temper tantrums and meltdowns. Is there a difference? What are the causes? What should a parent do when this happens? In this class we will look at the difference between a temper tantrum and a meltdown. We will also discuss the causes, how to understand them, and how to manage them.
Special Education and the IEP (Renewal for RFA, W, and SCI-Specialized)	April 12, 2024 6:00pm-9:00pm	Sharonda Barksdale	Come to learn all about IEPs: what it is, how to request one from the school, understanding IEP goals and plan, advocate for your child's education. This workshop is to teach parents the importance of having an IEP for your child and the steps to take to make sure you get the necessary help needed for services.
Special Care Increment (SCI) Training (Formerly known as D & F-rate training)	April 15, 16, 17 2024, 5pm-9pm **YOU MUST ATTEND ALL THREE SESSIONS**	Sandra Smith	The Special Care Increment (SCI) Training is the 12 hours foundational training (which replaces the D & F rate pre-service training) for resource parents who are caring for children, adolescents and non-minor dependents who require specialized care resulting in resource parents going above and beyond the basic level of care (LOC) to meet a child's health, physical, emotional, behavioral, educational, permanency and family service needs. This training covers an overview and explanation of LOC & SCI, substance use, medication and behavior management, the impact of trauma on development, navigating the educational system, birth parent engagement, self-care and resources for successful SCI placement.
Turning Dreams into Degrees: Higher Education Module 2 (Renewal for RFA, W, and SCI-Specialized)	April 19, 2024 6:00pm-9:00pm	Sharonda Barksdale	The purpose of this module is to empower caregivers to discuss the value of higher education with their youth and provide ideas for how they can play an active role in supporting their youth to college. For caregivers with youth in high school college can seem so far into the future that it can take secondary importance to more immediate concerns. Caregivers will learn the significance of early college exploration and preparation and key steps that they can take to help youth turn their dreams into degrees
Teens and Responsible Phone Use (Renewal for RFA, W, and SCI-Specialized)	April 22, 2024 5:30pm-8:30pm	Sandra Smith	This workshop will address the importance of teaching responsible online activity. We will learn about the dangers of sexting. We will talk about the most popular social media applications used by youth, and the risk of posting information online.

Anger Management (Renewal for RFA, W, and SCI-Specialized)	April 23, 2024 5:30pm-8:30pm	Rob Hanna	Discussion about how children deal with anger and techniques on how to cope with anger so we can help our children channel those feelings into healthy, positive ways.
Foster Parents Working with Birth Parents (Renewal for RFA, W, and SCI-Specialized)	April 26, 2024 5:30pm-8:30pm	Denetra Norwood	This workshop is to show Foster Parents how to work with the birth parents in reunification with their children. What to expect and how to handle the grief and loss issues the children feel.
The Strong Willed Child (Renewal for RFA, W, and SCI-Specialized)	April 29, 2024 5:30pm-8:30pm	Sandra Smith	This workshop will address the "strong willed child" and techniques to use to address persistent behaviors.
Teen Violence and Dating (Renewal for RFA, W, and SCI-Specialized)	April 30, 2024 5:30pm-8:30pm	Rob Hanna	This workshop will help you better understand the reasons why people stay in negative and violent relationships. We will explore various situations that leave their victims in harm or in some cases death due to their violent relationships. What are some signs of an abusive relationship? how can we talk about this topic with our children?

Clases en Español | Abril 2024

Workshop Title	Date/Time	Maestra	Link para regístrese
Del miedo a la ansiedad	11 de abril 6pm-8pm	Maricela Magaña	<u>Link para registrarse</u>
Incremento de atención especializado	25, 26, 27 de marzo, 5pm-9pm **DEBE ASISTIR A LAS TRES CLASES PARA GANAR LA CERTIFICACIÓN**	Maricela Magaña	
Trauma curativo	25 de Abril, 6pm-8pm	Maricela Magaña	