

# Foster & Kinship Care Education Program

## Spring Schedule – January 2018 to June 2018



January, 2018

Dear Resource Parent,

As you know, our mission is to provide quality education and support opportunities for caregivers of children and youth in out-of-home care so that these caregivers may meet the educational, emotional, behavioral and developmental needs of their children.

This year, DCFS in Los Angeles County will continue implementing the Resource Family Approval Program for new Resource Parents, as well as those that were licensed through CCL and Kinship caregivers. We are hoping that the classes that you find in this schedule will enhance your skills as a Resource Parent. Our classes are open to any prospective or current resource parent, professionals working with children and youth, and the community in general. If you are interested in attending any of our Pre-Service Certification Classes: D, F, or W Rate initial training, please call us to register.

This semester we have a special training for caregivers that have a placement of a teenager. Please take a look at the flyer for more information.

At LACC we also offer the Resource Family Approval Program Training to become a Resource Parent in LA County. If you are interested in becoming a resource parent with the county, please call **1-888-811-1121** to register for an orientation, and be able to register for the RFA Program Training.

Thank you for all the hard work and love that you invest in our future!

Juan F Alvarez  
Program Director

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FOSTER & KINSHIP CARE EDUCATION PROGRAM  
AT LOS ANGELES CITY COLLEGE

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### **HOW MANY RENEWAL HOURS DO YOU NEED?**

Every year, depending on your rate, you will need certain amount of renewal hours:

- B Rate (Basic): 12 hours
- F rate: 12 hours
- D Rate: 18 hours
- W Rate: 4 hours

\*\*Notice that if you have either F or D rate, you no longer need to take the extra 12 hours for the renewal of the B rate\*\*

## **Frequently Asked Questions**

### ***- Do I need to register for classes?***

We ask you to please register in advance for **Saturday renewal classes**; or for **any Pre-Service** (initial Certification) class [D, F, or W Certification]

### ***- Do you provide child care during classes?***

Unfortunately, we do not provide child care. **Be aware that due to the sensitive topics that we will be covering during class, children are not permitted to attend classes.**

### ***- What is the difference between Pre-Service and In-Service classes?***

Pre-Service are those trainings that you would need to take for the first time in order to get that rate. They include the initial D, F, and W rate.

In-Service refers to the renewal classes. You are free to attend all these classes.

### ***- I am not a Resource Parent; can I still come to class?***

Classes are open to anyone in the community; you do not need to be a resource parent to attend.

### ***- Do I need to pay anything for these classes?***

**No.** Classes are **FREE**.

### ***- When do I receive my certificate for the classes that I take?***

At the end of each class you will receive your certificate that states: name of the class, number of hours, and rate. For the Pre-Service classes, you will receive your certificate on the last day of the class.

### ***- I am interested in becoming a Resource Parent, what do I need to do?***

The first step to become a Resource Parent in order to foster or adopt a child is to call **1-888-811-1121** to register and attend an orientation.

After completion of orientation, you will need to take a Resource Family Approval Program Training. We also offer this training at LACC.

### ***- Do you offer classes in Spanish at LACC?***

Yes! Please call the office for information on Spanish speaking classes. **Llame a la oficina para las clases.**

## RENEWAL CLASSES FOR B, D, F, AND W RATE

*Note: Please keep in mind that class topics, and/or presenters may change without notice.*

*Please arrive on time to class. A class might get cancelled due to low attendance. Participants arriving 15 minutes after class has started will not receive credit.*

### JANUARY 2018

#### **Grief & Loss**

This class will help caregivers understand the grief and loss process. How children may act when confronted by stages of grief. To explore how grief and loss affect our own lives and how we can help our children to process their losses. This workshop will particularly focus on what happens when a child goes through multiple placements, and the impact this has on the child; as every move is a trauma for them.

Instructor: Denetra Norwood  
Dates: **Monday**, January 8  
Time: 9-12pm  
Location: Victory Christian Center Church

#### **Developing Healthy Attachments**

How do children and youth develop attachments? And how can we help them develop healthy attachments with others? Class will start by discussing what an attachment is, how it is created, and how can we modify unhealthy attachments. Reactive Attachment Disorders [RAD] will also be covered during this workshop.

Instructor: Lyonell Henson  
Date: **Tuesday**, January 9  
Time: 6pm-9pm  
Location: Victory Christian Center Church

#### **HOLIDAY – Monday, January 15<sup>th</sup> – NO RENEWAL CLASS**

#### **Boundaries: Keeping Order in the Family Home**

Children need structure. This class will discuss the importance of creating and maintaining healthy and positive house rules and boundaries to keep the order at home. What are some boundaries that we can create together with our children?

Instructor: Denetra Norwood  
Date: **Tuesday**, January 16  
Time: 6pm-9pm  
Location: Victory Christian Center Church

#### **Human Sexuality Development**

This workshop is to teach parents on the different stages of the development of human sexuality. What is normal and expected; as well as what are some behaviors that caregivers should pay attention to. We will go over Maslow's hierarchy of needs; as well as how to support a healthy development.

Instructor: Robert Hanna  
Dates: **Monday**, January 22  
Time: 9-12pm  
Location: Victory Christian Center Church

#### **Navigating the School with Special Needs Children**

This workshop will focus on learning disabilities, and other needs that children might have, and how to navigate the school system and advocate for these children. Overview of what IEPs are; how to request one, appeal decisions, and advocate for services.

Instructor: Lyonell Henson  
Date: **Tuesday**, January 23  
Time: 6pm-9pm  
Location: Victory Christian Center Church

#### **Life Books: Preserving History**

This class will give Resource Parents ideas, along with the necessary tools to help the child develop positive memories of their life experiences from childhood through adulthood. Strategies used were breaking into groups and actually developing the Life Books in the classroom setting and doing an oral presentation of the Life Book to the class.

Instructor: Denetra Norwood  
Dates: **Monday**, January 29  
Time: 9-12pm  
Location: Victory Christian Center Church

#### **Health Issues in Foster Care**

This class will discuss common health issues with children in out-of-home care. We will discuss the steps that parents must follow for the child to be eligible for Specialized Care. We will talk about the services provided by Regional Centers, and the importance of documentation and reporting health issues.

Instructor: Sandra Smith

Dates: **Tuesday**, January 30  
Time: 6pm-9pm  
Location: Victory Christian Center Church

## **FEBRUARY**

### **Helping Youth Set Boundaries and Limits**

Raising teens can be challenging. This class will focus on how we can set boundaries and limits with them. We will discuss what works and what might not work when it comes down to working with teens.

Instructor: Robert Hanna  
Dates: **Monday**, February 5  
Time: 9-12pm  
Location: Victory Christian Center Church

### **Autism**

Autism is a serious developmental disorder that impairs the ability to communicate and interact. This workshop will address what Autism is, common symptoms, and intervention strategies.

Instructor: Lyonell Henson  
Date: **Tuesday**, February 6  
Time: 6pm-9pm  
Location: Victory Christian Center Church

### **Helping Children Deal with Stress**

Traumatic experiences are stressful. This workshop will address how children show stress, and how can we help them deal with stressful situations.

Instructor: Denetra Norwood  
Dates: **Monday**, February 12  
Time: 9-12pm  
Location: Victory Christian Center Church

### **Bullying**

What is bullying? How are kids getting bullied at home? school? online? Signs that your child might be being bullied. How to support, prevent, and educate children about bullying. Self-esteem issues will also be addressed at this workshop.

Instructor: Denetra Norwood  
Date: **Tuesday**, February 13  
Time: 6pm-9pm  
Location: Victory Christian Center Church

## **HOLIDAY – Monday, February 19<sup>th</sup> – NO RENEWAL CLASS**

### **Mental Illnesses Among Youth**

The number of children in out-of-home care taking psychotropic medications, and receiving services as D-Rate children has been significantly increasing in the last couple of years. This workshop will present the most common mental illnesses that youth get diagnosed with. How to advocate for resources and services, and how to work with youth with mental health issues at home.

Instructor: Lyonell Henson  
Date: **Tuesday**, February 20  
Time: 6pm-9pm  
Location: Victory Christian Center Church

### **Gangs & Family Violence**

Gangs, domestic violence, and child abuse - all of these are rampant in our communities. How do we cope with this? This class discusses family violence, the history of gangs, and the interventions that can be made. Participants will be able to learn about the many forms of violence and will discuss the losses associated with gangs and violence.

Instructor: Robert Hanna  
Dates: **Monday**, February 26  
Time: 9-12pm  
Location: Victory Christian Center Church

### **Connecting Children to Lifelong Relationships**

This class will discuss the importance of attachment, relationships, and trust. We will talk on how we can help children to connect to permanent, and safe people.

Instructor: Sandra Smith  
Date: **Tuesday**, February 27  
Time: 6pm-9pm  
Location: Victory Christian Center Church



# MARCH

## **Dealing with Aggressive Youth**

Anger is a way to communicate how we feel inside. Many youth that have experienced trauma and abuse behave in an aggressive way. Class will discuss how to deal with aggressive youth, and strategies on how to help them regulate these behaviors.

Instructor: Robert Hanna  
Dates: **Monday**, March 5  
Time: 9-12pm  
Location: Victory Christian Center Church

## **The Court Process & Placement Issues**

This workshop will seek to provide information to caregivers about the court process. What happens when a case is opened and the rights and responsibilities of caregivers, children, and advocates.

Instructor: Lyonell Henson  
Date: **Tuesday**, March 6  
Time: 6pm-9pm  
Location: Victory Christian Center Church

## **Panic Disorders in Children**

What is a panic attack? Come to the class to learn what a panic disorder is, symptoms, triggers, treatment, and how as caregivers we can help children that have recurrent panic attacks.

Instructor: Denetra Norwood  
Dates: **Monday**, March 12  
Time: 9-12pm  
Location: Victory Christian Center Church

## **Family Reunification**

How to prepare a child when is time to go back home? Discussion on how Resource Parents can support the process of family reunification and working in partnership with the birth family.

Instructor: Denetra Norwood  
Date: **Tuesday**, March 13  
Time: 6pm-9pm  
Location: Victory Christian Center Church

## **Raising Girls**

This class will focus on raising girls. The differences between raising boys vs. girls; stages of development (physically,

emotionally, socially). Peer pressure and self-esteem issues in teen girls, etc.

Instructor: Robert Hanna  
Dates: **Monday**, March 19  
Time: 9-12pm  
Location: Victory Christian Center Church

## **Developmental Delays in Children**

Ages and Stages of development. Discussion of motor, and cognitive delays in children.

Instructor: Lyonell Henson  
Date: **Tuesday**, March 20  
Time: 6pm-9pm  
Location: Victory Christian Center Church

## **Developing Responsibility**

It's never too early to start teaching children about being responsible for their own actions. How can you develop responsibility with your child? Come to find out strategies that we can use to help our young men and women in our care.

Instructor: Denetra Norwood  
Dates: **Monday**, March 26  
Time: 9-12pm  
Location: Victory Christian Center Church

## **Positive Discipline that Works**

This course explores a positive plan that will help you face parenting challenges in today's world.

Instructor: Sandra Smith  
Date: **Tuesday**, March 27  
Time: 6pm-9pm  
Location: Victory Christian Center Church



# APRIL

## **Raising Boys**

This class will focus on raising boys. The differences between raising boys vs. girls; stages of development (physically, emotionally, socially). Peer pressure and self-esteem issues in teen boys, etc.

Instructor: Robert Hanna  
Dates: **Monday**, April 2  
Time: 9-12pm  
Location: Victory Christian Center Church

## **ADD / ADHD**

This workshop is to teach parents the difference between the two disorders and what they can do to help the child overcome this challenge. Also, giving the parent resources that can help teach the youth to focus.

Instructor: Lyonell Henson  
Date: **Tuesday**, April 3  
Time: 6pm-9pm  
Location: Victory Christian Center Church

## **Eating Disorders**

What is an eating disorders? What are some types of eating disorders? And how can we help a youth that is struggling with an eating disorder? Come to class to learn about this issue.

Instructor: Denetra Norwood  
Dates: **Monday**, April 9  
Time: 9-12pm  
Location: Victory Christian Center Church

## **Child & Family Team (CFT)**

CFT meetings are meetings that must be conducted at least once every six months. They replaced the "Team Decision Making Meetings". Come to learn what a CFT is, what your role is as a Resource Parent, and how to advocate for your child.

Instructor: Denetra Norwood  
Date: **Tuesday**, April 10  
Time: 6pm-9pm  
Location: Victory Christian Center Church

## **Commercial Sexual Exploitation of Children [CSEC]**

Children in out-of-home care are at a higher risk for being sexually exploited. Class will address what CSEC is; how a

child becomes a victim; and what are some indicators of exploitation and trafficking. Participants will learn how to help keep their children from becoming victims of sexual exploitation. Instructor will use videos, handouts, and other materials on How to know if Our Kids Are Being Sexually Exploited.

Instructor: LaCrietia Grate  
Dates: **Monday**, April 16  
Time: 9-12pm  
Location: Victory Christian Center Church

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Instructor: LaCrietia Grate  
Date: **Tuesday**, April 17  
Time: 6pm-9pm  
Location: Victory Christian Center Church

## **How to Advocate for Yourself as a Resource Parent**

How can you advocate for your rights as a Resource Parent? Who and where can they support you with your needs? Class will discuss about the importance of being part of a kinship group or foster parent association; and how you can become an advocate for your own needs.

Instructor: Denetra Norwood  
Dates: **Monday**, April 23  
Time: 9-12pm  
Location: Victory Christian Center Church

## **How to Talk to Children about Sex**

How to talk to children about sex? Class will discuss ways on how to approach this topic based on the child's age and understanding level.

Instructor: Sandra Smith  
Date: **Tuesday**, April 24  
Time: 6pm-9pm  
Location: Victory Christian Center Church

## **The Cycle of Abuse & Neglect**

What is abuse? What are the different types of abuse that children can experience? How do we recognize when a child has been abused or neglected? This workshop will discuss child abuse and neglect and how the cycle of abuse works.

Instructor: Robert Hanna  
Dates: **Monday**, April 30  
Time: 9-12pm  
Location: Victory Christian Center Church

# **MAY**

## **Common Mental Illnesses in Children in Out-of-home Care**

Discussion on common mental diagnosis in children in out of home care. How to advocate for their mental health, and the use of psychotropic medications will be discussed.

Instructor: Lyonell Henson  
Date: **Tuesday**, May 1  
Time: 6pm-9pm  
Location: Victory Christian Center Church

## **Caregivers Serving Emerging Adults**

Overview of AB 12 law regarding extended foster care services to young adults [non-minor dependents]. What is it? What are the requirements for youth that want to stay in the system beyond age 18? How does AB12 affect caregivers?

Instructor: Denetra Norwood  
Dates: **Monday**, May 7  
Time: 9-12pm  
Location: Victory Christian Center Church

## **How Do Children Cope with Loss?**

Loss and Grief involves several stages, and children cope with loss in many ways. This class focus on how children cope with loss, and how as resource parents we can help children in this process.

Instructor: Denetra Norwood  
Date: **Tuesday**, May 8  
Time: 6pm-9pm  
Location: Victory Christian Center Church

## **You Don't Listen to Me**

How many times have we said or heard this before? This workshop will address the importance of effective

communication between caregivers and their children. How to express our needs and LISTEN without getting into a "tug of war"

Instructor: Robert Hanna  
Dates: **Monday**, May 14  
Time: 9-12pm  
Location: Victory Christian Center Church

## **Understanding Grief**

To be removed from home it's a traumatic loss for the child. What are the stages of grief and loss?

Instructor: Lyonell Henson  
Date: **Tuesday**, May 15  
Time: 6pm-9pm  
Location: Victory Christian Center Church

## **A Different Kind of Mind: Dyslexia**

This training is designed to bring awareness and focus to caregivers on how to deal with dyslexic children that might come into their homes. Class will start by defining what is "dyslexia" and there types. Participants will understand how to identify the many signs of the disorder as well as how to provide a safe environment as they develop.

Instructor: Denetra Norwood  
Dates: **Monday**, May 15  
Time: 9-12pm  
Location: Victory Christian Center Church

## **Post-Traumatic Stress Disorder (PTSD)**

How do teens deal with PTSD? This class will teach parents how they can help better their teenagers to deal with this issue. Participants will be able to identify mental risk factors, signs and symptoms of PTSD; normal developing patterns vs development of a child with PTSD; techniques to manage behaviors, and more.

Instructor: Denetra Norwood  
Date: **Tuesday**, May 21  
Time: 6pm-9pm  
Location: Victory Christian Center Church

## **HOLIDAY – Monday, May 28<sup>th</sup> – NO RENEWAL CLASS**

## **The Importance of Self-Esteem**

The purpose of this workshop is to teach parents how to teach children to have better self-esteem about themselves.

Teaching them to be positive and not look at their situation as a burden but to use it as a stepping stone.

Instructor: Sandra Smith  
Date: **Tuesday, May 29**  
Time: 6pm-9pm  
Location: Victory Christian Center Church

## **JUNE**

### **Love Me the Way I Am**

This class will focus on accepting children and youth the way they are; how to provide a safe home free of harassment and discrimination; and how to teach children to be respectful and accept and love each other.

Instructor: Robert Hanna  
Dates: **Monday, June 4**  
Time: 9-12pm  
Location: Victory Christian Center Church

### **Youth & the Law**

Sometimes our youth will be involved with the Juvenile Court System. How can we support them and help them stay out of trouble?

Instructor: Lyonell Henson  
Date: **Tuesday, June 5**  
Time: 6pm-9pm  
Location: Victory Christian Center Church

### **Summer is Here!**

Summer is approaching and children will be on vacation for a couple of months. What to do? Discussion of different activities and games that parents can practice with their children. Moreover, tips on how to keep children safe during summer.

Instructor: Denetra Norwood  
Dates: **Monday, June 11**  
Time: 9-12pm  
Location: Victory Christian Center Church

### **Prenatal Drug & Alcohol Exposure**

This workshop is to teach parents about the effects of drugs and alcohol in a child's system. This class will offer: patterns of prenatal drug exposure; identification of prenatal drug exposure, common infant medical problems; medical follow-ups; child's development.

Instructor: Denetra Norwood

Date: **Tuesday, June 12**  
Time: 6pm-9pm  
Location: Victory Christian Center Church

### **Hoarding & Stealing Behaviors**

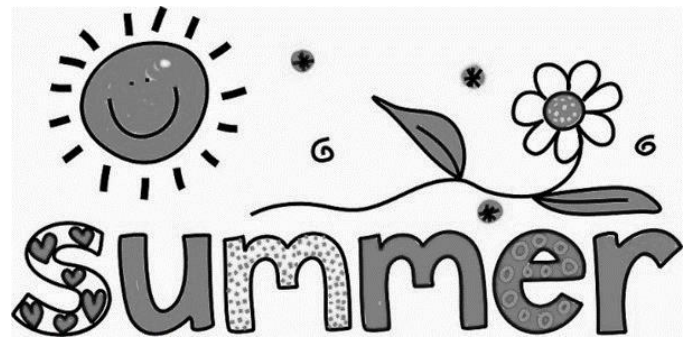
This class will discuss definitions and characteristics of compulsive hoarding and stealing behaviors. The caregiver will learn and understand the five levels of hoarding; as well as understand the differences and similarities between addictive-compulsive theft and kleptomania.

Instructor: Robert Hanna  
Dates: **Monday, June 18**  
Time: 9-12pm  
Location: Victory Christian Center Church

### **The Importance of Maintaining Family Ties**

This workshop seeks to educate caregivers on the importance of open communication with the birth family; as well as the importance of developing a relationship that will help the caregiver know better the child.

Instructor: Sandra Smith  
Date: **Tuesday, June 19**  
Time: 6pm-9pm  
Location: Victory Christian Center Church



***Renewal Classes will resume August  
20, 2018***



Special Series:

**CARING FOR CHILDREN WHO HAVE EXPERIENCED  
TRAUMA**

(9:00am to 5:00pm)

Receive **16 hours** for your B, D, F, or W Renewal Rate

This series will be held at **Victory Christian Center Church**

Please call FKCE office (323) 953-4000 ext. 2335 to register for this training

This **2-day training** will focus on how to work with children who have experienced trauma. Topics will include:

- Trauma 101
- Understanding feelings and behaviors
  - Self-caring
  - The grieving stages
  - And much more!!

**Class dates:**

Saturday May 5<sup>th</sup> and 12<sup>th</sup>

**Please notice that you must attend all 2 classes in order to receive your 16hour certificate**



**Class Location:**

**Victory Christian Center**

**4260 3rd Ave**

**LOS ANGELES, CA 90008**

## **SATURDAY RENEWAL CLASSES (9:00am to 3:00pm)**

Receive **6 hours** for your B, D, F, or W Renewal Rate

*The following classes will be held at **LACC [Los Angeles City College Campus]**.*

*Please call FKCE office (323) 953-4000 ext. 2335 to **register** for these classes*

**JANUARY 20, 2018: HOW TRAUMA AFFECTS THE BRAIN, BEHAVIOR, AND LEARNING**

Trauma has severe consequences on human's brain. It can affect the way that someone responds to situations (behaviors) and learning as well. Class will talk about trauma, and the consequences on brain development.

**FEBRUARY 3, 2018: WHEN THE CHILD COMES HOME [VISITS, BEHAVIORS, AND WORKING IN PARTNERSHIP]**

When the child comes home, as caregivers we need to be prepared to working in partnership with their social worker, therapists, doctors, school, and their birth family. How do we build successful alliances? This class will talk about the importance of being prepare to deal with children's behaviors, build partnerships, and issues regarding visits.

**MARCH 24, 2018: A SAFE ENVIRONMENT FOR CHILDREN**

This workshop will address three particular issues when it comes down to creating a safe environment for children: Sexual Acting-Out Behaviors; Understanding and Dealing with Anger; Creating a Time & Place for Healing.

**APRIL 21, 2018: WORKING WITH LGBTQ YOUTH IN FOSTER CARE**

This training is designed to increase awareness of, and gain deeper understanding of and compassion towards LGBTQ youth that are in out-of-home care. Class will explain what sexual orientation is, what LGBTQ stands for, and how as caregivers we can provide a loving and care home for this diverse population.

**MAY 19, 2018: YOUR CHILD AND MENTAL HEALTH**

This workshop will discuss different mental health issues; and how we can support better children under our care with severe emotional and behavioral needs. Use of psychotropic medications will be covered as well.

**JUNE 23, 2018: POSITIVE REINFORCEMENT AND DISCIPLINE**

Developing good, positive strategies to discipline kids is a fundamental part on the role of being a great resource parent. When does positive reinforcement work? What are some of the techniques we can use with our children? Come to this class and learn more about discipline.

**Class Location:**

**Los Angeles City College - Campus**

**855 N. Vermont Ave**

**Los Angeles, CA 90029**

(After registration you will receive a parking permit and classroom information)

## **PRE-SERVICE CLASSES for Specialized Rates: D, F, and W**

The following classes are offered to Resource Parents that will be receiving this training for the first time. To be certified as a D, F, or W Rate caregiver you must: **Register** in advance by calling (323) 953-4000 ext.2335 and **attend all 16 hours of training.**

# **D – Rate Certification Training (16 hours) – English**

The D-Rate Certification training [pre-service] is provided to caregivers who are caring for children that exhibit severe and persistent emotional and behavioral challenges. Training includes currently DCFS policy, qualification criteria, trauma, mental health, and special education. The Department of Mental Health assesses these children for a D-Rate classification.



## **Dates – Spring 2018**

### **MARCH 2018**

Saturday, March 3            9:00-5:00pm  
Saturday, March 10        9:00-5:00pm

Where: LOS ANGELES CITY COLLEGE  
855 N. Vermont Ave  
Los Angeles, CA 90029  
*[Classroom and parking  
instructions will be mailed out]*

### **MAY 2018**

Monday, May 14            5:00-9:00pm  
Wednesday, May 16       5:00-9:00pm  
Monday, May 21            5:00-9:00pm  
Wednesday, May 23       5:00-9:00pm

Where: LOS ANGELES CITY COLLEGE  
855 N. Vermont Ave  
Los Angeles, CA 90029  
*[Classroom and parking instructions will  
be mailed out]*

**To register for this class call: 323-953-4000 ext. 2335 or email: [alvarejf@lacitycollege.edu](mailto:alvarejf@lacitycollege.edu)  
You must pre-register for this training before the first day of class.**

# F – Rate Certification Training (16 hours) – English

## Caring for Children with Medical Needs

The F-Rate Certification training [pre-service] is provided to caregivers who are caring for children with special medical needs. Each caregiver will be certified by the DCFS Medical Placement Unit.



## Dates – Spring 2018

### FEBRUARY 2018

Tuesday, February 6      5:00-9:00pm  
Thursday, February 8    5:00-9:00pm  
Tuesday, February 13    5:00-9:00pm  
Thursday, February 15   5:00-9:00pm

Where: LOS ANGELES CITY COLLEGE  
855 N. Vermont Ave  
Los Angeles, CA 90029  
*[Classroom and parking instructions will be mailed out]*

### APRIL 2018

Saturday, April 21      9:00-5:00pm  
Saturday, April 28      9:00-5:00pm

Where: LOS ANGELES CITY COLLEGE  
855 N. Vermont Ave  
Los Angeles, CA 90029  
*[Classroom and parking instructions will be mailed out]*

### JUNE 2018

Saturday, June 23      9:00-5:00pm  
Saturday, June 30 9:00-5:00pm

Where: LOS ANGELES CITY COLLEGE  
855 N. Vermont Ave  
Los Angeles, CA 90029  
*[Classroom and parking instructions will be mailed out]*

**To register for this class call: 323-953-4000 ext. 2335 or email: [alvarejf@lacitycollege.edu](mailto:alvarejf@lacitycollege.edu)**  
**You must pre-register for this training before the first day of class.**

### **W RATE CERTIFICATION: Whole Family Foster Home**

The W-Rate or Whole Family Foster Home training is provided to caregivers who are interested in caring for a teen parent and her/his non-dependent child, and is specifically recruited and trained to assist the teen parent in developing skills necessary to provide a safe, stable, and permanent home. During the certification, we will complete the Shared Responsibility Plan (SRP); discuss caring for the developing teen and baby, discuss roles, rights, and responsibilities of teens and caregivers; provide information on resources and discuss DCFS policies and compensation. **TRAINING WILL BE PROVIDED BASED ON DEMAND. CALL TO SIGN UP.**

## OFFICE AND CLASS LOCATIONS – SITE MAPS

Please notice on the class schedule the location of the class

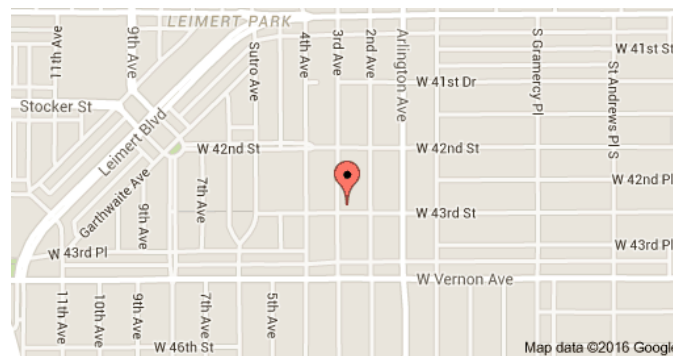
Our Monday and Tuesday renewal classes are held off-campus. Our Saturday renewal classes, as well as the Pre-Service Certification classes are held on-campus at LACC.

### Victory Christian Center

4260 3rd Ave

Los Angeles, CA 90008

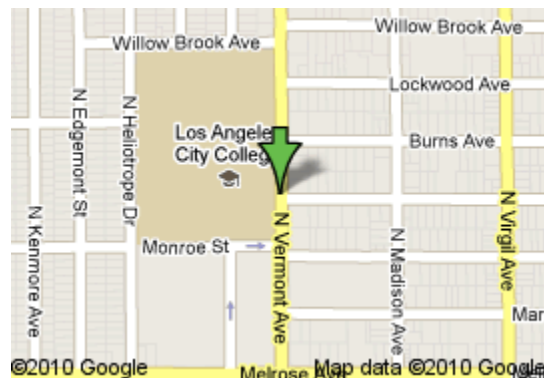
(Two blocks west of Arlington and two north of Vernon Ave)



### Los Angeles City College

855 N Vermont Ave

Los Angeles, CA 90029



### FKCE Office – Los Angeles City College

Student Services Building, 3<sup>rd</sup> Floor

Telephone number: 323-953-4000 ext.2335

# Commercial Sexual Exploitation of Children [CSEC]: Awareness & Identification



The Commercial Sexual Exploitation of Children: Awareness & Identification is an interactive training that will provide caregivers with awareness of the intersection of sex trafficking and children in the child welfare system. It will uncover the psychological and family dynamics that drive the ongoing maltreatment and victimization of children by sex traffickers.

*You will receive a free copy of the Book: "Made in the USA: The Sex Trafficking of America's Children" by A. Jordheim*

## **TRAINING DATES:**

- Monday, April 16<sup>th</sup>                      9am-12pm                      Location: Victory Christian Center  
4260 3<sup>rd</sup> Ave Los Angeles, CA 90008
- Tuesday, April 17<sup>th</sup>                      6pm-9pm                      Location: Victory Christian Center  
4260 3<sup>rd</sup> Ave Los Angeles, CA 90008

For more information or to RSVP for one of these trainings, please call the FKCE office at 323-953-4000 ext. 2335

# Preventing Pregnancies & STIs in Foster Youth

Researchers are testing a new training for foster and kinship caregivers of youth ages 11-21. Topics include communication, birth control & sexually transmitted infections (STIs), monitoring, development, and reducing conflict.

## Would the study be a good fit for me?

This study might be a good fit if you:

- Are a foster or kinship caregiver
- Currently provide care for youth age 11-21, and have done so for **at least 3 months** in the past year

## What would happen if I took part in the study?

If you decide to take part in this study, you would be randomly assigned to one of two groups:

- Training will be held at a location in Inglewood, CA from 9am-12:30pm. (Total of 7 hours of training)
- **Group 1:** February 5<sup>th</sup> and March 5<sup>th</sup>, 2018
- **Group 2:** September 17<sup>th</sup> and October 1<sup>st</sup>, 2018
- You would either take a training and complete a total of 4 surveys over 6 months, or take a training and complete 7 surveys over 1 year.

## What's in it for me?

- Learning about talking with teens about sex and healthy relationships
- \$25 gift card for completing each survey and a \$50 gift card for completing the training. **Total of \$150 - \$225**
- Refreshments provided and we will help cover transportation and child care costs
- 7 hours of renewal or annual training credit

**This class is RSVP only.**

**To RSVP or for more information:**

**Contact the Heart to Heart research team at 1-855-635-8364 or [heart2heart@seattlechildrens.org](mailto:heart2heart@seattlechildrens.org)**

The principal researcher for this study is Dr. Kym Ahrens.

# First Aid & CPR Class



Certification in First Aid and CPR class for resource parents in Infants, Children, and Adults. This class covers what to do in case of an emergency, first aid focused in infants, and CPR. Parents will receive certification through the American Heart Association.

**FREE!** \*\*You must be a CURRENT Resource Parent (Foster/Kinship/Adoptive)

## Option 1:

**Saturday, April 14th 9 a.m. a 1p.m.**

**Location:** Los Angeles City College – Main Campus  
855 N. Vermont Ave Los Angeles, CA 90029

## Option 2:

**Saturday, April 28th 9 a.m. a 1p.m.**

**Location:** Victory Christian Center  
4260 3<sup>rd</sup> Ave Los Angeles, CA 90008

**Limited Space! You *must* RSVP for this training by phone (323) 953-4000 ext. 2335**



## Other Important Events

- **National Foster Care Awareness Month**

At Los Angeles City College we will be doing during the month of MAY different activities to celebrate the National Foster Care Awareness Month.

Day: **May, 2018**

Please call office for dates and location to find out about the different events we will have on our campus for caregivers and young adults in foster care.

- **PARA CLASES EN ESPANOL: TODOS LOS JUEVES EN LA NOCHE. [LLAME A LA OFICINA PARA UN HORARIO DE CLASES]** - For Classes in Spanish, come every Thursday night to the following site. Call office for a schedule of classes in Spanish.

Día / Day: Jueves / Thursdays

Hora / Time: 6pm-8pm (Spanish)

Locación / Location: Christ Presbyterian Church of Hollywood  
4011 Clinton Street  
Los Angeles, CA 90004  
(Entrance on Madison off Melrose)

- **ADVISORY MEETINGS:**

Come to the advisory meeting to get recent information regarding FKCE issues, as well as to discuss how the program is going.

Time: **10am-12pm**

Please call office for dates and location if you would like to attend these meetings

*Participants with verifiable disabilities who require alternate formats of this publication and resources should contact the FKCE program director. The college will provide information in alternate text formats upon request in the timeliest manner possible. If accommodations are needed due to a disability, please provide the program with at least two-week notice.*

